

Chicken and Pink Lady@ apple satay



Created by:

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Ingredients:

- Chicken fillets
- Tenderstem broccoli
- ♥ Pink Lady® apples, cubed
- 200ml coconut milk
- 15ml Thai red curry paste
- ♥ 45 ml peanut butter
- one lime

Method:

- 1. Pan fry the chicken fillets, cut into strips
- 2. Skewer strips of chicken, broccoli and cubes of Pink Lady® apples on kebab sticks
- ${\bf 3.} \ Simmer \ coconut \ milk \ with \ 10\text{-}15ml \ Thai \ red \ curry \ paste \ until \ slightly \ thickened$
- **4**. Add peanut butter and the juice of one lime and simmer until thickened
- 5. Serve with sauce







