



## Pink Lady® Apple and Biscuit Parfaits

Serves 2



Created by :

Burpees and Biscuits

### Ingredients:

- ♥ 4 Pink Lady apples peeled and diced
- ♥ 2 tbsp brown sugar (or honey)
- ♥ 2 tsp cinnamon
- ♥ ¼ tsp nutmeg
- ♥ 2 cups plain double cream yogurt
- ♥ ½ cup Ohmega Salted Caramel Almond Butter
- ♥ 4 Bakers Lemon Tennis Biscuits broken into pieces

### Method:

1. In a saucepan on the stove, add the apples in just enough water to cover it.
2. Boil until apples are soft, drain most of the water and leave to simmer.
3. Add cinnamon, sugar and nutmeg and leave to simmer until all ingredients are combined.
4. Take off heat and let cool.
5. In a glass or tumbler, layer your parfait by starting with yogurt, then apples, drizzle over the almond butter then on top of that your cookie crumbs.
6. Repeat the layers again.

*Pink Lady®*

Make healthy living a part of your active lifestyle with Pink Lady® - naturally!

