



## *Pink Lady® and Beetroot Smoothie*

Serves 4



### *Ingredients:*

- ♡ 4-5 Pink Lady apples
- ♡ 2-3 beetroots, peeled and cubed
- ♡ Zest and juice of 2 limes
- ♡ 500ml almond milk
- ♡ Honey to taste

### *Method:*

1. Place all ingredients into a blender and process until smooth. (Add ice for a slushier smoothie.)
2. Pour into glasses and serve.

Created by : Chad January

*Pink Lady®*

*Make healthy living a part of your active lifestyle with Pink Lady® - naturally!*

