

## Pink Lady® steak and apple bowl



## Ingredients:

- 💙 Steak cubes
- 🏷 60ml olive oil
- ♡ 15ml soya sauce
- ♡ 15ml fresh ginger
- ♡ fresh chopped chilli
- ♡ 15ml fresh chopped coriander
- ♡ 15ml fresh chopped mint leaves
- 💛 Basmati rice

Method:

- $\heartsuit$  Cucumber ribbons
- ♡ Pink Lady<sup>®</sup> apple wedges, slices and cubes

Created by :

food consultant meyer

- 1. Marinate steak cubes in a mixture of the olive oil, soya sauce, ginger, chilli, coriander and mint leaves
- 2. Pan-fry meat and dish up on basmati rice
- 3. Add cucumber ribbons and Pink Lady® apple wedges, slices and cubes
- 4. Garnish with a handful of fresh mint and coriander



Make healthy living a part of your active lifestyle with Pink Lady® - naturally!

