



Pink Lady® smoothie Bowl

Serves 2



Created by : Chad January

Ingredients:

- ♡ 1 packet (350g) frozen mixed berries
- ♡ 2 cups (500ml) Pink Lady® apple juice
- ♡ 1 cup (250ml) almond milk
- ♡ 2 Tbsp (30ml) peanut or almond butter
- ♡ 1 tsp (5ml) vanilla essence
- ♡ ¼ cup (60ml) oats, toasted
- ♡ 3 Tbsp (45ml) Pink Lady® apple sauce

For serving:

- ♡ Edible flowers
- ♡ Pink lady apples, sliced
- ♡ Mixed berries (we used strawberries and blueberries)
- ♡ Coconut flakes, toasted

Method:

1. Blitz all smoothie ingredients in a blender until smooth.
2. Pour into serving bowls and garnish with edible flowers, apples, berries and coconut flakes.

Pink Lady®

Make healthy living a part of your active lifestyle with Pink Lady® - naturally!

